***Copy and paste links beside information.***

**Research Notes:**

1. **Top 5 most important minerals**
2. **Facts about the top 5 most important minerals**
3. **How do minerals effect people**

**Topic what are the top 5 most important minerals**

**#1 calcium**

**#2 potassium**

**#3 sodium**

**#4 copper**

#5 zinc